



Health and Safety Notice for all Members

POLICY STATEMENT

It is the objective of the Commodore and Executive that all operations at the club are carried out and always managed in such a manner as to ensure, so far as is reasonably practicable, the safety, health, and welfare of all Club Members

The Executive is relying upon every Club Member to provide a positive and substantial contribution towards upholding our commitment to ensure a safe and healthy leisure environment. The purpose of this note is to remind you of those parts of the club rules that are designed to maintain safe operations.

Please ensure that accidents, injuries, dangerous occurrences and near misses, which occur on the club grounds are reported to a member of the Executive, so that we can investigate and make improvements to avoid repetition.

RULES AND GUIDANCE

Emergency Vehicle Access

The club now operates an external and internal gate system for the prevention of theft and trespass. One gate must be kept locked at all times, and it is strongly recommended that the outer gate is left unlocked when members are present to facilitate quickest access to the club compound for emergency vehicles. This is a **mandatory requirement** for race days.

Boat Movement

- 1. Safety chains are required on vehicles/trailers for any boat movement at the club**
- 2. Always chock trailers before unhitching from your vehicle**
- 3. Ensure boat is fastened to trailer – tie down straps or winch hook to bow eye as appropriate**

First Aid/Fire Safety

- 1. Emergency Services – Contact and Location**

In the event of a fire or accident first call 911 and give the location of the Sailing Club as:

#2347 County Road 117

Ensure the gates are open and the laneway is clear.

2. **Fire Extinguisher** – the fire extinguisher is located in the storeroom adjacent to the ladies washroom – outer gate key to open padlock.
3. **Tackling Fires** - Do not tackle a blaze if it risks your safety. Do not enter burning structures. Prioritize evacuation of boat or structure. Note that burning fiberglass is extremely hot and gives off hazardous fumes. If fiberglass on your boat is burning, evacuate immediately.
4. **First Aid Kit** – in the storeroom adjacent to the ladies washroom – outer gate key to open padlock.
5. **Refuelling Operations** – always carry out refuelling in open air.

Life Preservers and Safety Equipment

1. Members are required to comply with the Canadian Small Vessel Regulations requirements for minimum levels of on-board safety equipment.
2. Members must not set sail without a life preserver for everyone on board.
3. It is **strongly advised** that members wear life preservers, especially when sailing alone.
4. If you bring small children to the club, **it is strongly recommended**, because of the inherent risks of children wandering towards water, that they are fitted with a life preserver as soon as they are on club premises.

Service Boat

1. Members must receive training in the use of the service boat before they are allowed to use it.
2. Trained members may use the service boat to aid any person in distress on the lake.

Sailing or Working Alone

1. If sailing alone, or working on grounds or boats alone, please ensure that a relative or friend knows where you are and what time you are expected home.
2. It is **strongly recommended** that boat launch, boat recovery, mast raising or lowering, for all cabin cruisers should not be carried out alone. Request assistance from the club executive if you need help, or recover your boat on member assisted boat pull day.
3. There shall be no sailing between sunset and sunrise

Grounds Maintenance

1. Working at heights – members are not permitted to carry out repairs on club buildings that require working at height.
2. Don't work alone if using a ladder for camera maintenance, or any other permitted work using ladders
3. Chainsaws are not permitted. If work requires a chainsaw it will be done by UTRCA.
4. Power Tools/Grass Cutting – when using power tools/mowing equipment members must wear all appropriate personal protection: e.g. eye and ear protection, gloves, boots
5. Fallen Trees may only be dealt with by UTRCA
6. Use of Mowing Equipment - Only trained members may use the Kubota Mower

Drawbridge A Frame

1. Members must remain outside the coned area below the A Frame during raising and lowering of the bridge and must follow all instructions given by the Duty Safety Officer.

Dock Crane

1. Only members trained in its use may operate the Dock Crane.